

The Catholic Community of Gloucester & Rockport

HOLY FAMILY PARISH & OUR LADY OF GOOD VOYAGE PARISH

A Community United in Prayer, Fellowship, and Service
Twenty-Eighth Sunday in Ordinary Time · October 9, 2016

WHEN
BREATH
BECOMES



air

A REFLECTION ON THE LIFE OF PAUL KALANITHI

THIS WEEK'S MESSAGE — PAGE 3

The Catholic Community of Gloucester & Rockport
Please Join Us! All Are Welcome!

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Pastoral Office: 74 Pleasant Street · Office Hours: Monday through Friday 10:00am-4:00pm

MAKING DISCIPLES OF ALL AGES

YOUTH FAITH FORMATION GRADE 2 SACRAMENTAL PREPARATION Registration Now Underway!

The Catholic Community of Gloucester & Rockport is now offering a creative and innovative way for young children to prepare for the Sacraments of Penance & Reconciliation (Confession) and First Holy Communion. Our program is designed to prepare both children and their parents for these sacraments, encourage lifelong relationships with Jesus Christ and the Catholic Church, and help families grow together in prayer, fellowship, and service. Our program is simple and family friendly!

First, we will continue to place primary focus on inviting families to attend one of our seven weekend Masses. Second, all second grade children and their parents (or guardians) are asked to attend two 90 minute workshops during the fall season; and three 90 minute workshops during the winter-spring season. Each "Faith & Family Workshop" is offered at three different times, so each family can choose which option works best for them!

Our program begins this month. Calendars and registration materials are posted at ccgonline.com/formation. If you have questions or need any assistance with youth faith formation in the Catholic Community of Gloucester & Rockport, please see Father Jim before or after Mass; or contact Betsy Works at bworks@ccgonline.com or 978-281-4820. Please join us! All are welcome!

YOUTH FAITH FORMATION CONFIRMATION PREPARATION PROGRAM Registration Now Underway!

Registration continues for Year I of our Confirmation Preparation Program. Beginning in the ninth grade, all high school students are invited to participate in our two-year program that will prepare them to receive the Seven Gifts of the Holy Spirit at Confirmation. During the first year, our students will participate in a series of interactive workshops about the teachings and traditions of the Catholic Church. During the second year, our students will participate in a series of special events and workshops designed to help them grow in prayer, fellowship, and service; to prepare them to receive the Gifts of the Holy Spirit, and to stimulate their lives as faithful and faith-filled young adult disciples.

Please note that Year II of our program is now underway and registration is closed. If you have questions or need any assistance with youth faith formation in the Catholic Community of Gloucester & Rockport, please see Father Jim before or after Mass; or contact Betsy Works at bworks@ccgonline.com or 978-281-4820. Please join us! All are welcome!

ADULT FAITH FORMATION RCIA & ADULT CONFIRMATION PROGRAM Begins Sunday, October 16th!

If you are an adult (age 18 and over) and have not received the Sacraments of Baptism, Penance & Reconciliation (Confession), Holy Eucharist, or Confirmation in the Roman Catholic Church, then please prayerfully consider joining our adult faith formation program which will meet on Sunday mornings after the 8:15am Mass beginning on Sunday, October 16th in Saint Ann Parish House.

The Rite of Christian Initiation for Adults (RCIA) is a seven month program that prepares adults to be received into the Catholic Church at the Easter Vigil. Our group will meet approximately twice each month to learn about the basic beliefs, teachings, and traditions of the Church. As part of this same process, our Adult Confirmation Program prepares adults for the Sacrament of Confirmation and focuses on the challenges of living a life of faith in the modern world.

If you (or someone you know and love) would like to join us for this journey of faith and become part of a unique fellowship in preparation for receiving the sacraments of God's Holy Church, then please see Father Jim or contact Cliff Garvey at 978-281-4820 or cgarvey@ccgonline.com. Please join us! All are invited! All are welcome!

YEAR OF MERCY SPECIAL EVENT THE JESUS PRAYER: A REPRISE Two Night Mini-Retreat · October 27th-28th

In early August, sixty-five parishioners joined Father Jim and Cliff for our Third Annual Summer Retreat: The Jesus Prayer. Since then, many parishioners have asked for more information about desert spirituality and the ancient practice of calling on the name of Jesus. In response to this profound spiritual hunger, all are invited to join us for "The Jesus Prayer: A Reprise", a two-night mini-retreat on Thursday, October 27th and Friday, October 28th from 6:30pm until 8:00pm in Saint Anthony Chapel.

Each evening will begin with Evening Prayer from the Liturgy of the Hours. After praying together, we will watch and discuss the highly acclaimed film, "The Mysteries of the Jesus Prayer"; learn about how to pray with the Jesus Prayer; and explore how praying this timeless prayer can bring you closer to our Risen Lord. You need not have participated in the Summer Retreat to join us for this special program! All parishioners, friends, and guests of the Catholic Community of Gloucester & Rockport are invited to join us! For more information about our two-night mini-retreat, please contact Cliff Garvey at 978-281-4820 or cgarvey@ccgonline.com. Please join us! All are invited! All are welcome!

THIS WEEK'S MESSAGE

WHEN BREATH BECOMES AIR
A REFLECTION ON THE LIFE OF PAUL KALANITHI

By Cliff Garvey



Dr. Paul Kalanithi
1977-2015

Paul Kalanithi was born in the shadow of New York City and grew up in the deserts of Arizona. He graduated with honors from Stanford University and Yale Medical School. He was a promising neurosurgeon, scientist, and writer. He was an avid cyclist, hiker, and runner. He was a beloved husband, father, and son. He was looking forward to a long, productive, and happy life. But last year, at age 37, Paul Kalanithi died from a rare form of metastatic lung cancer. In the months before his death, Dr. Kalanithi wrote a memoir about his life and illness entitled, "When Breath Becomes Air", which has been on the New York Times Bestseller List for much of this year. The book is breathtaking in its honesty, heartbreaking in its description of a life cut short by illness, and profound in its exploration of the meaning of human life, whether it is long or short.

Although I am a voracious reader, I rarely read books like this one. Having lost an uncle to a long illness and a dear friend to a sudden illness, I get it: life is precious; life is short; life is unpredictable. And as a Catholic Christian and "Franciscan in Spirit", I appreciate that there's more to life than ambition and affluence; there's more to life than prestige and publicity; there's more to life than professional sports, cable news, and reality television. But for some reason, Paul Kalanithi's book called out to me. I read articles about it in magazines and newspapers; read reviews on Catholic websites; and watched an interview with the author online. After being urged to read the book by a fellow spiritual director who thought it might help with my ministry, I relented and read the book twice in a single weekend.

In short, "When Breath Becomes Air" is a masterpiece and its author was more than a man of science. Paul Kalanithi was a man of great courage and wisdom. And his story teaches us a great deal about life and death. From childhood through adulthood, Dr. Kalanithi was preoccupied with questions about the meaning and purpose of human life. He read widely: literature, poetry, and science. He thought deeply about life and death, sickness and health, sacrifice and suffering. He journeyed from belief to disbelief to belief again. He experienced true love, personal and professional success, fatherhood and friendship, and the pain and suffering of terminal illness.

Through it all, Paul Kalanithi discovered that life's meaning can be found in relationship with others: with those we love and with those we serve. Before he died, Dr. Kalanithi rediscovered his Christian faith. And during a period of remission, he returned to the practice of neurosurgery and wrote eloquently about his innate human vocation to reach out, to love, and to serve. While helping others carry the heavy cross of illness and injury while he himself was carrying that same heavy burden, he wrote: "In taking up another's cross, one must sometimes get crushed by the weight."

Although that may sound like dark pessimism, it was not. Despite his illness, Dr. Paul Kalanithi lived into death by one simple maxim: "I can't go on. I will go on." For his life and example, and for his perseverance and wisdom, we should thank God for Paul Kalanithi. And we should pray for the courage and grace to take up our cross, to carry it, and to reach out to others even if we might get crushed by the weight. Because it is in being crushed by love (and loss) that we find meaning and purpose. And it is in being crushed that we find a love that lasts beyond life and death into eternal life.

*You that seek what life is in death,
Now find it air that once was breath.
New names unknown, old names gone:
'Till time end bodies, but souls none.
Reader! Then make time, while you be,
but steps to your eternity.*

Baron Brooke Fulke Grenville

PRAYER, FELLOWSHIP, AND SERVICE

ONLINE RESOURCES FOR PRAYER

Join us: [ccgronline.com/prayer!](http://ccgronline.com/prayer/)

Each day, all are invited to join us for a few moments of prayer and reflection at ccgronline.com/prayer. Our website features links to the Saint of the Day, Sharing the Word, and Sunday Soundbites, which are 90 second reflections based on the daily Mass readings and the lives of the saints. Our website also features an easy-to-use link for praying the Liturgy of the Hours online. In addition, please join us every week for Bringing Home the Word, a lectionary-based newsletter for individuals and families. Every Saturday, a new edition is posted on our website at ccgronline.com/news. Please join us! All are welcome!

THE HOLY ROSARY

Monday Through Saturday Mornings

All are invited to join the Catholic Community of Gloucester & Rockport as we pray the Holy Rosary every morning immediately after our 8:00am Daily Mass. By praying the Rosary, we grow closer to our Risen Lord by meditating on the mysteries of his life, death, and resurrection; and we grow closer to our Blessed Mother by asking for her powerful intercession for ourselves, our parishes, and our troubled world.

Daily Mass is celebrated in Our Lady of Good Voyage Church on Monday, Wednesday, and Friday mornings at 8:00am; in Saint Joachim Church on Tuesday and Thursday mornings at 8:00am; and in Saint Ann Church on Saturday mornings at 8:00am. For more information, please contact Father Jim at frjim@ccgronline.com or 978-281-4820. Please join us! All are invited! All are welcome!

THE LEGION OF MARY

Living the Corporal Works of Mercy

Each week, members of the Legion of Mary from both Holy Family Parish and Our Lady of Good Voyage Parish reach out to our aged, disabled, homebound, and sick fellow parishioners. They visit people in their homes and apartments, hospitals, and nursing homes. They pray together, offer companionship, and share God's love and mercy with those who are so often lonely and forgotten. Last week, the Legion of Mary visited 59 parishioners!

Every Wednesday afternoon at 4:00pm, the Legion of Mary meets in our parish center (located beside Saint Ann Church) to pray the Rosary, share their faith experience, and participate in a period of formation under the guidance of their spiritual director. For more information about the Legion of Mary and its good work in our parishes, please contact Joan Foster at ajay7@verizon.net; Sue Demetri at sdemetri2000@yahoo.com; or leave a message at 978-281-4820. New members are always welcome! Please join us!

RESPECT LIFE MONTH

MOVED BY MERCY: A VIGIL FOR LIFE

Friday, October 21st · Begins at Noon

Each October, the Roman Catholic Church prays in a special way for the respect of all human life. As Pope Francis reminds us: "We are called to reach out to those who find themselves in the existential peripheries of our society and to show particular solidarity with the most vulnerable of our brothers and sisters: the poor, the disabled, the unborn and sick, migrants and refugees, the elderly and the young who lack employment."

This year, the United States Conference of Catholic Bishops (USCCB) has chosen "Moved By Mercy" as the theme of Respect Life Month. Throughout the month of October, all are invited and encouraged to join in praying the following prayer for the protection of all human life from the moment of conception until natural death:

Father and Maker of All,
you adorn all creation
with splendor and beauty,
and fashion human lives
in your image and likeness.
Awaken in every heart
reverence for the work of your hands,
and renew among your people
a readiness to nurture and sustain
your precious gift of life.
Grant this through our Lord Jesus Christ,
your Son, who lives and reigns with you
in the unity of the Holy Spirit,
one God, for ever and ever. Amen.

In addition, in communion and solidarity with Pope Francis, Cardinal Seán, and the teachings and traditions of the Catholic Church, all parishioners, friends, and guests of the Catholic Community of Gloucester & Rockport are invited to join us for "Moved By Mercy: A Prayer Vigil for Life" on Friday, October 21st in Our Lady of Good Voyage Church.

Our vigil will begin at 12:00pm with Daytime Prayer from the Liturgy of the Hours and Exposition of the Blessed Sacrament. Throughout the afternoon, all are welcome to join us in silent prayer and adoration of the Blessed Sacrament. At 3:00pm, we will pray a Rosary for Life in honor of the Holy Father's call to reach out and respect our most vulnerable brothers and sisters. The Vigil for Life will conclude at 5:00pm with Evening Prayer and Benediction of the Blessed Sacrament.

For more information, please contact Father Jim at 978-281-4820 or frjim@ccgronline.com. We pray that you will be able to join us for all or part of this special afternoon of prayer with certain knowledge that God hears and answers our prayers for all human life. All are welcome!

JUBILEE YEAR OF MERCY

LIVING THE WORKS OF MERCY WITH POPE FRANCIS

Pope Francis has said that mercy is the “fundamental law that dwells in the heart of every person who looks sincerely into the eyes of his brothers and sisters on the path of life.” This Year of Mercy is an invitation for us to look sincerely into the eyes of those around us, to recognize their needs, and to act accordingly.

During the Jubilee Year of Mercy, Pope Francis has called us to rediscover these Spiritual and Corporal Works of Mercy as a way of living more deeply as disciples of Christ Jesus in the true spirit of the Gospel. Each month, Pope Francis asks us to pray for both a “universal” prayer intention and an “evangelization” prayer intention.

Throughout the year, Pope Francis will also offer us “spiritual exercises” or ways of living out the Works of Mercy in communion with his monthly intentions, with fellow parishioners, and with believers throughout the world. The Holy Father’s monthly intentions & spiritual exercises will be printed in our bulletin and posted online at ccgronline.com/mercy.

October 2016: Respect Life Month Universal Prayer Intention: Journalists

We pray that journalists, in carrying out their work, may be motivated always by respect for human life, truth, and a strong sense of ethics.

Spiritual Work of Mercy: Counsel the Doubtful
Write a letter-to-the-editor praising news coverage that upholds a strong ethical stance on a public policy issue.

October 2016: Respect Life Month Evangelization Prayer: World Mission Day

We pray that World Mission Day may renew within all Christian communities the joy of the Gospel and responsibility to preach it.

Corporal Works of Mercy

During “Respect Life Month”, let us strive to practice all of the Corporal Works of Mercy as a sign of solidarity with the dignity of every human person:

Feed the Hungry; Give Drink to the Thirsty;

Clothe the Naked; Welcome the Stranger;

Heal the Sick; Visit the Imprisoned; Bury the Dead

As we celebrate the Extraordinary Jubilee Year of Mercy and live out the Works of Mercy under the Holy Father’s guidance, let us pray for the grace to live the Gospel, to share God’s love and mercy, and to build up the Church! May God bless you and your family with mercy!

MORE NEWS & INFORMATION ONLINE!

Join us: ccgronline.com/mercy!

PRAYER, FELLOWSHIP, AND SERVICE

KNIGHTS OF COLUMBUS Tuesday, October 11th at 7:00pm

The Knights of Columbus is an organization of men that remains true to its founding principles of charity, unity, and fraternity. Founded in 1882, the Knights remain an organization dedicated to the mutual assistance of members and their families, but also to serving the disabled, the poor, and the sick. The Knights also sponsor educational, charitable, and religious programs in our parishes and throughout the world.

Council 215 serves the Catholic Community of Gloucester & Rockport at Holy Family Parish and Our Lady of Good Voyage Parish. Our next meeting is scheduled for Tuesday, October 11th at 7:00pm in the parish center (located beside Saint Ann Church). For more information, please visit our website at kofc215.com; contact Mark Natti at grandknight@kofc215.com; or leave a message at 978-281-4820. Please join us! New members are always welcome!

KNIGHTS OF COLUMBUS SECOND ANNUAL GOLF TOURNAMENT Friday, October 14th · Begins at 1:00pm

All are invited to join the Knights of Columbus (Council 215) for its Second Annual Golf Tournament on Friday, October 14th at the Cape Ann Golf Course. Tee off at 1:00pm. Registration forms are available at kofc215.com or at the doors of Saint Ann Church, Saint Joachim Church, and Our Lady of Good Voyage Church. All proceeds benefit the charitable works of the Knights of Columbus in the Catholic Community of Gloucester & Rockport. For more information about this special event, please contact Mark Natti at grandknight@kofc215.com or leave a message at 978-281-4820. Please join us! All are welcome!

OUR LADY OF GOOD VOYAGE PARISH OUR LADY’S GUILD BAKED BEAN SUPPER Friday, October 21st at 5:30pm

All parishioners, friends, and guests of the Catholic Community of Gloucester & Rockport are invited to join Our Lady’s Guild for its Annual Baked Bean Supper on Friday, October 21st from 5:30pm until 8:00am in Our Lady’s Hall. A donation of \$10 is requested for adults; and \$6 for children (ages 10 and under). Tickets will be available at the door. Our menu includes hot dogs, linguica, baked beans, coffee, soda, and a variety of delicious homemade desserts. Entertainment will be provided by our very own LuAnn Pallazola! For more information, please contact Linda Galvin at 617-803-6050 or lingalv2010@gmail.com. Please join us! All are welcome!

MORE NEWS & INFORMATION ONLINE!

Join us: ccgronline.com!

OUR MASS INTENTIONS**OCTOBER 8 – OCTOBER 16, 2016**

Saturday, October 8	Vigil · 28th Sunday in Ordinary Time
4:00pm · Saint Ann	Deceased Members of the Madonna del Rosario Society
6:00pm · OLGV	Paula Novello
Sunday, October 9	28th Sunday in Ordinary Time
7:00am · OLGV	Aaron Hart & Family
8:15am · Saint Ann	Deceased Members of the Knights of Columbus
10:00am · Saint Joachim	John, Sally & Chuckie Piscitello
11:45am · OLGV	José & Julia Goulart and Family
5:00pm · Saint Ann	Mass for the People
28th Week in Ordinary Time	
Monday, October 10 8:00am · OLGV	Fitz Lufkin
Tuesday, October 11 8:00am · Saint Joachim	Allerio Brancaleone
Wednesday, October 12 8:00am · OLGV	Maria Maggiore
Thursday, October 13 8:00am · Saint Joachim	John Barbosa
Friday, October 14 8:00am · OLGV	Santo Militello & Anthony Militello
Saturday, October 15 8:00am · OLGV	Carlo Cuzenza
Saturday, October 15	Vigil · 29th Sunday in Ordinary Time
4:00pm · Saint Ann	Josephine & Capt. Salvatore Santuccio and Family
6:00pm · OLGV	Richard J. Camille, Jr.
Sunday, October 16	29th Sunday in Ordinary Time
7:00am · OLGV	Aaron Hart & Family
8:15am · Saint Ann	Giuseppe & Rosaria Cambria
10:00am · Saint Joachim	Salvatore Groppo
11:45am · OLGV	Corey McCollum & Family
5:00pm · Saint Ann	Mass for the Family

OUR WEEKLY OFFERINGS**HOLY FAMILY PARISH****Weekend of October 1st – October 2nd**

Weekly Offerings	\$6,035.00
Electronic Donations	\$878.00
Total Offerings	\$6,913.00
Second Collection (SVDP Society)	\$9,431.00
Saint Ann Church Restoration	\$123,000

Thank you for your generous support
of Holy Family Parish!

OUR LADY OF GOOD VOYAGE PARISH**Weekend of October 1st – October 2nd**

Weekly Offerings	\$2,847.00
Second Collection (Maintenance)	\$1,392.00
Grand Annual Collection	\$16,189.00

Thank you for your generous support
of Our Lady of Good Voyage Parish!

SANCTUARY GIFTS

At each of the churches in the Catholic Community of Gloucester & Rockport (Saint Anthony Chapel, Saint Ann Church, Saint Joachim Church, and Our Lady of Good Voyage Church), sanctuary flowers, sanctuary candle, and altar gifts (hosts & wine) can be donated for a special intention or in memory of a departed loved one. The requested donation for flowers is \$250. The requested donation for altar gifts is \$175. And the requested donation for a sanctuary candle is \$25. This week, donations were offered for the following intentions:

For a Special Intention

Sanctuary Candle · Saint Anthony Chapel

In Memory of the Medeiros Family

Sanctuary Candle · Our Lady of Good Voyage Church

In Memory of Fitz Lufkin

Sanctuary Flowers · Our Lady of Good Voyage Church

For more information about donating sanctuary gifts in memory of a deceased friend or loved one, please contact Melissa Unis at office@ccgronline.com or 978-281-4820. Thank you for your generous support of the Catholic Community of Gloucester & Rockport at Holy Family Parish and Our Lady of Good Voyage Parish!

MARK YOUR CALENDARS!**ADVENT MISSION & RETREAT**

December 6th through December 8th · 7:00pm-8:30pm
More information coming soon!