

## The Memorare



### A PRAYER AT BEDTIME

Remember, most gracious Virgin Mary,  
that never was it known  
that anyone who fled to your protection,  
implored your help,  
or sought your intercession,  
was left unaided.  
Inspired by this confidence,  
I fly unto you,  
O Virgin of virgins, my Mother,  
to you do I come,  
before you I stand, sinful and sorrowful.  
O Mother of the Word Incarnate,  
despise not my petitions,  
but in your mercy,  
hear me and answer me.

Glory to the Father, to the Son,  
and to the Holy Spirit;  
as it was in the beginning,  
is now, and will be forever.  
Amen.